

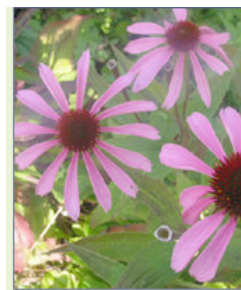


# Naturally Nova Scotia Makes Canada's First Organic Herbal Tablets

April 29, 2009

(Lawrencetown, NS) – Naturally Nova Scotia (NNS), Canada's leading manufacturer and distributor of certified organic, whole food natural health products, is excited to be adding a brand new line to their innovative collection of products; Canada's first line of certified organic herbal tablets.

Traditional herbal medicines have been used for thousands of years to aid people with various ailments. Naturally Nova Scotia's new line of Herbal Tablets combines whole herbs with potent herbal extracts to create highly effective, certified organic tablets. Products leading off the new line include a Digestive Aid formulated with natural enzymes from Pineapple and Green Papaya; Echinacea as well as an Echinacea and Acerola Berry combination; a Heartburn Relief formula made with Ginger; Maca Tablets for stress relief and energy, balancing hormones, and enhancing fertility; Milk Thistle to promote a healthy liver; St. John's Wort to assist sleep and restlessness or nervousness; and finally a Women's Balance formula specifically designed to relieve menopausal and premenstrual symptoms through a combination of Black Cohosh, Chaste Tree, and Dong Quai.



Each product is sold in environmentally-friendly glass bottles and contain only premium certified organic ingredients, with no fillers or synthetics.

NNS, founded in 1994 by Nancy Smithers, has since grown to include a 30,000 sq. foot manufacturing facility on a 250 acre organic farm employing more than 30 people. Organic is a growing and processing method that helps protect the health of people, plants, animals, and the environment. Organic products have been grown naturally, without using harmful hormones, antibiotics, steroids, chemical fertilizers, herbicides, fungicides, and pesticides. Organic farmers follow a holistic system that replenishes the nutrients and maintains the health of the soil by using renewable resources and conserving soil and water to sustain the environment for future generations.

Naturally Nova Scotia's facilities are site licensed by the Natural Health Products Directorate (NHPD) in Canada and are GMP (Good Manufacturing Practices) compliant. The company also manufactures other certified organic whole food products such as their Vitamin C Acerola line, and Vitamin D3. Please visit Naturally Nova Scotia's website for more inquiries or to place an order: [www.naturallynovascotia.com](http://www.naturallynovascotia.com)

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